



Monday 09 November 2020

Dear parent/carer,

**Re: Update on Physical Education Lessons (PE) at Giles Academy and Return to PE 16 November**

Physical Education lessons within the Trust have been discussed at great length regarding health and safety and how best to facilitate PE lessons for all students.

As you will be aware, in September we needed to adhere to very tight guidelines, with year group bubbles and PE being only classroom based. We then introduced a reduced, staggered programme to again allow us to slowly embark upon a very safe and stringent programme within PE.

We have now looked at what is the best option for our students and how this works with the school site, to ensure maximum safety is adhered to at all times. Additionally, we are very aware that the winter months are approaching and the constraints this brings, which is why we have not taken the route of running PE lessons and allowing students to wear PE kits to and from school.

It is now time for us to return to a far more active PE programme where the students will need to wear full PE kit. Therefore, we aim to reintroduce at Giles Academy from Monday 16 November.

To support the return of PE, the Trust has invested in technology called 'Foggers' for all schools.

Bourne Academy has been the first school to trial these Foggers and this has been very successful. The Foggers work by spraying mist of sanitising solution across a surface area of up to 50mtrs. These machines are used to sanitise the changing rooms after every lesson to ensure that the room is safe for the next group. The machines take a few minutes to spray and then the spaces are left for 30mins before students can enter.

The size of the changing rooms fits into the bubble compliance and the spacing of students within the changing rooms is very structured. Each changing space has been numbered and the students have

been issued a changing number space to ensure they are correctly spaced out and staff are confident in ensuring that groups closer together can be identified, if any cases arise.

Movement to and from the changing rooms is also regulated with PE staff meeting their class in their designated bubble classroom, registering students and then bringing them to the changing rooms to be allocated their changing space to change.

The PE activities selected for the students has also undergone extensive scrutiny in terms of safety for the students. Additional COVID risk assessment details have been added to already stringent health and safety documents for all of these activities. Year groups have separate equipment where possible and where this is not possible, all equipment is sanitised after every use.

With all these measures and the use of Foggers, we are confident that this is the best way for us to reintroduce a full PE programme at Giles Academy.

**Students will therefore need to bring their PE kit to school for all PE lessons from 16 November.**

We are extremely committed to keeping all our students as safe as possible whilst maintaining their physical and mental wellbeing.

Yours sincerely,

***Ms G Coles***

SLATrust Director of Sport