

Job of The Week

Nutritionist

Key Skills

- sensitivity and understanding
- knowledge of biology
- thinking and reasoning skills
- knowledge of training and educating
- the ability to work on your own
- the ability to work well with others
- to be able to use a computer and the main software packages competently
- be thorough and pay attention to detail
- patience and the ability to remain calm in stressful situations

Aspire | Challenge | Achieve

Salary

£27,055 - £40,588

Working hours

37 – 39

Between 8am-6pm

Nutritionist

Post 16 studies

It would be a good idea to take three of the following A Levels. Chemistry, Biology, Nutrition and Food Science, Food Technology, Food Studies, Home Economics, Psychology and Physical Education or Sport.

Career path and progression

With experience or further training, you could:

- specialise in an area, such as sports nutrition, public health or animal nutrition
- supervise a team of nutritionists
- manage whole projects or policies
- find your own clients and become self-employed

University

You'll usually need a degree or postgraduate qualification approved by the Association for Nutrition.

Approved courses include:

- food and nutrition
- biochemistry
- physiology
- public health
- health promotion

Entry requirements

You'll usually need 2 or 3 A levels, or equivalent, including biology or chemistry

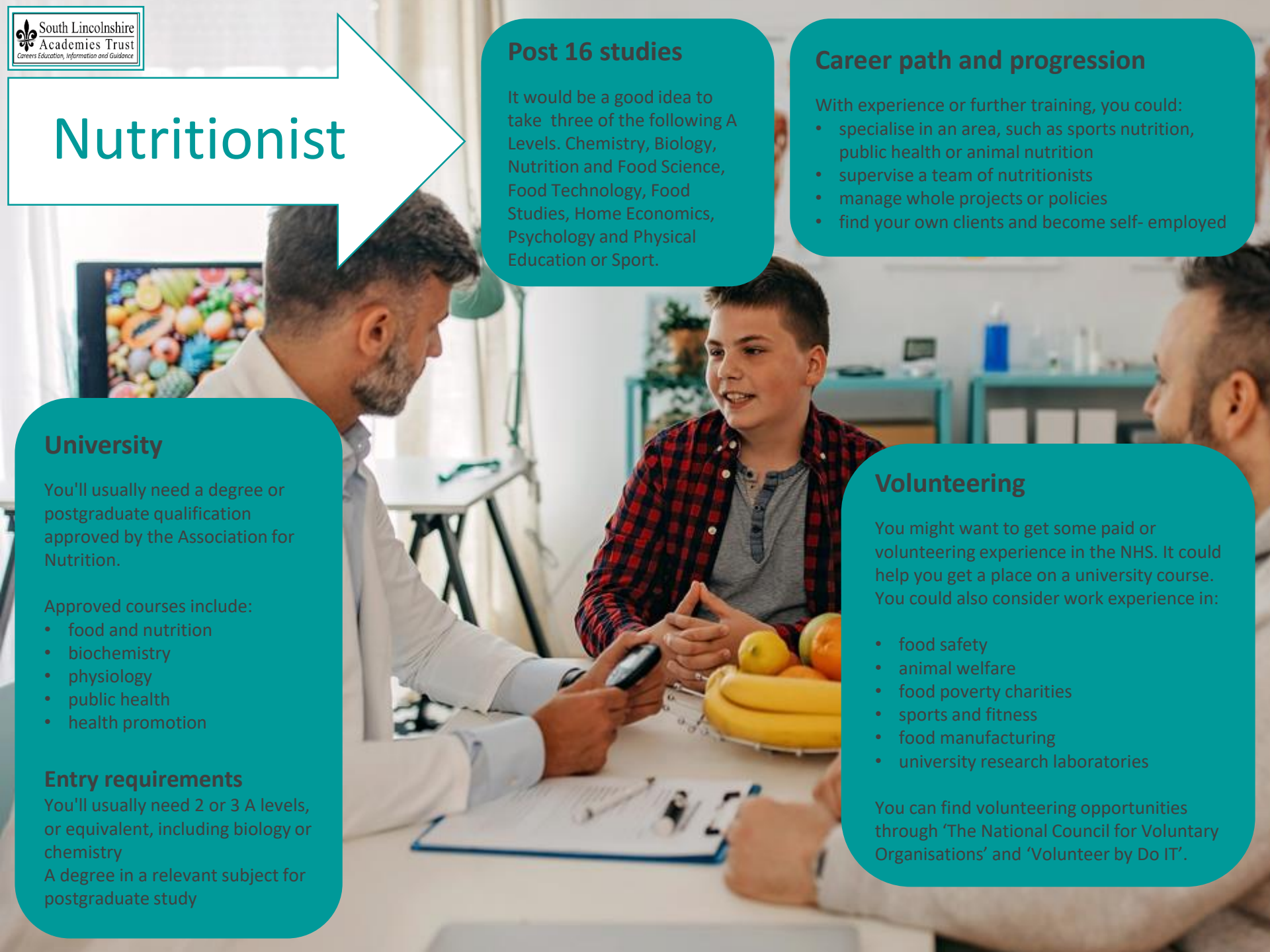
A degree in a relevant subject for postgraduate study

Volunteering

You might want to get some paid or volunteering experience in the NHS. It could help you get a place on a university course. You could also consider work experience in:

- food safety
- animal welfare
- food poverty charities
- sports and fitness
- food manufacturing
- university research laboratories

You can find volunteering opportunities through 'The National Council for Voluntary Organisations' and 'Volunteer by Do IT'.



Restrictions and Requirements

You'll need to pass enhanced background checks.

Day to Day tasks:

Your exact day to day tasks will vary depending on where you Work but generally, you might:

- complete research to learn more about a certain area of nutrition
- recruit volunteers to take part in your research
- process and analyse biological samples
- provide scientific advice on healthy eating
- work with hospital patients, supported by doctors, dieticians and nurses



Working conditions

You could work in an NHS or private hospital, in the community, at a GP practice, at a health centre or in a laboratory.

Labour Market Information

In the Careers section of the school website you can find the useful comparison tool the 'Labour Market Information widget'.
Use the widget to compare different job roles in any employment sector or relating specifically to the 'Job of the Week'.

Health associate professionals n.e.c.	
Weekly Pay £460	Annual Pay £23,920
Hours/Week 35h	Hourly Pay £13
Workforce Change (projected)	
Growth 5.5%	Replacement 48.7%
<p>The workforce is projected to grow by 5.5% over the period to 2027, creating 3,600 jobs. In the same period, 48.7% of the workforce is projected to retire, creating 31,900 job openings.</p>	
<p>You might find this job in Health Residential care Other personal service Social work</p>	
More info	Clear card

Biological scientists and biochemists	
Weekly Pay £810	Annual Pay £42,120
Hours/Week 37h	Hourly Pay £22
Workforce Change (projected)	
Growth 3.3%	Replacement 39.3%
<p>The workforce is projected to grow by 3.3% over the period to 2027, creating 3,500 jobs. In the same period, 39.3% of the workforce is projected to retire, creating 42,600 job openings.</p>	
<p>You might find this job in Health Scientific research Education Public admin. & defence Architectural & related</p>	
More info	Clear card

Medical practitioners	
Weekly Pay £1,440	Annual Pay £74,880
Hours/Week 34h	Hourly Pay £42
Workforce Change (projected)	
Growth 5.3%	Replacement 52.1%
<p>The workforce is projected to grow by 5.3% over the period to 2027, creating 16,700 jobs. In the same period, 52.1% of the workforce is projected to retire, creating 162,500 job openings.</p>	
<p>You might find this job in Health Public admin. & defence Membership organisations Retail trade Education</p>	
More info	Clear card

Labour Market Information



Biological scientists and biochemists

Biological scientists and biochemists examine and investigate the morphology, structure, chemistry and physical characteristics of living organisms, including their inter-relationships, environments and diseases.

Common tasks in this job:

- studies the physical and chemical form, structure, composition and function of living organisms;
- identifies and studies the chemical substances, including microbial infections, involved in physiological processes and the progress of disease;
- performs tests to study physiological and pathological characteristics within cells and other organisms;
- researches the effects of internal and external environmental factors on the life processes and other functions of living organisms;

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Medical practitioners

Medical practitioners diagnose mental and physical injuries, disorders and diseases, prescribe and give treatment, recommend preventative action, and conduct medical education and research activities. They may specialise in particular areas of modern medicine or work in general practice and, where necessary, refer the patient to a specialist.

Common tasks in this job:

- examines patient, arranges for any necessary x-rays or other tests and interprets results;
- diagnoses condition and prescribes and/or administers appropriate treatment/surgery;
- administers medical tests and inoculations against communicable diseases;
- supervises patient's progress and advises on diet, exercise and other preventative action;

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Health associate professionals n.e.c.

Job holders in this unit group carry out a variety of technical and complementary support functions not elsewhere classified in MINOR GROUP 321: Health Associate Professionals.

Common tasks in this job:

- prescribes diet therapy and gives advice to patients, health care professionals and the public on dietetic and nutritional matters for those with special dietary requirements or to prevent illness;
- diagnoses and treats disorders of vision and eye movements, monitors subsequent progress and recommends further optical, pharmacological or surgical treatment as required;
- manipulates and massages patient to discover the cause of pain, relieve discomfort, restore function and mobility and to correct irregularities in body structure;
- inserts needles under the skin, administers aromatic herbs and oils and massages body to relieve pain and restore health;

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