

# Sweet and Sour Chicken

## Ingredients

250g chicken breasts – cut into small pieces

1 medium tin pineapple

1 tblsp oil

½ tsp ground ginger

1 level tblsp cornflour

1 level tblsp sugar

1 tblsp vinegar

1 tblsp soy sauce

1 level tblsp tomato puree

Container

Apron